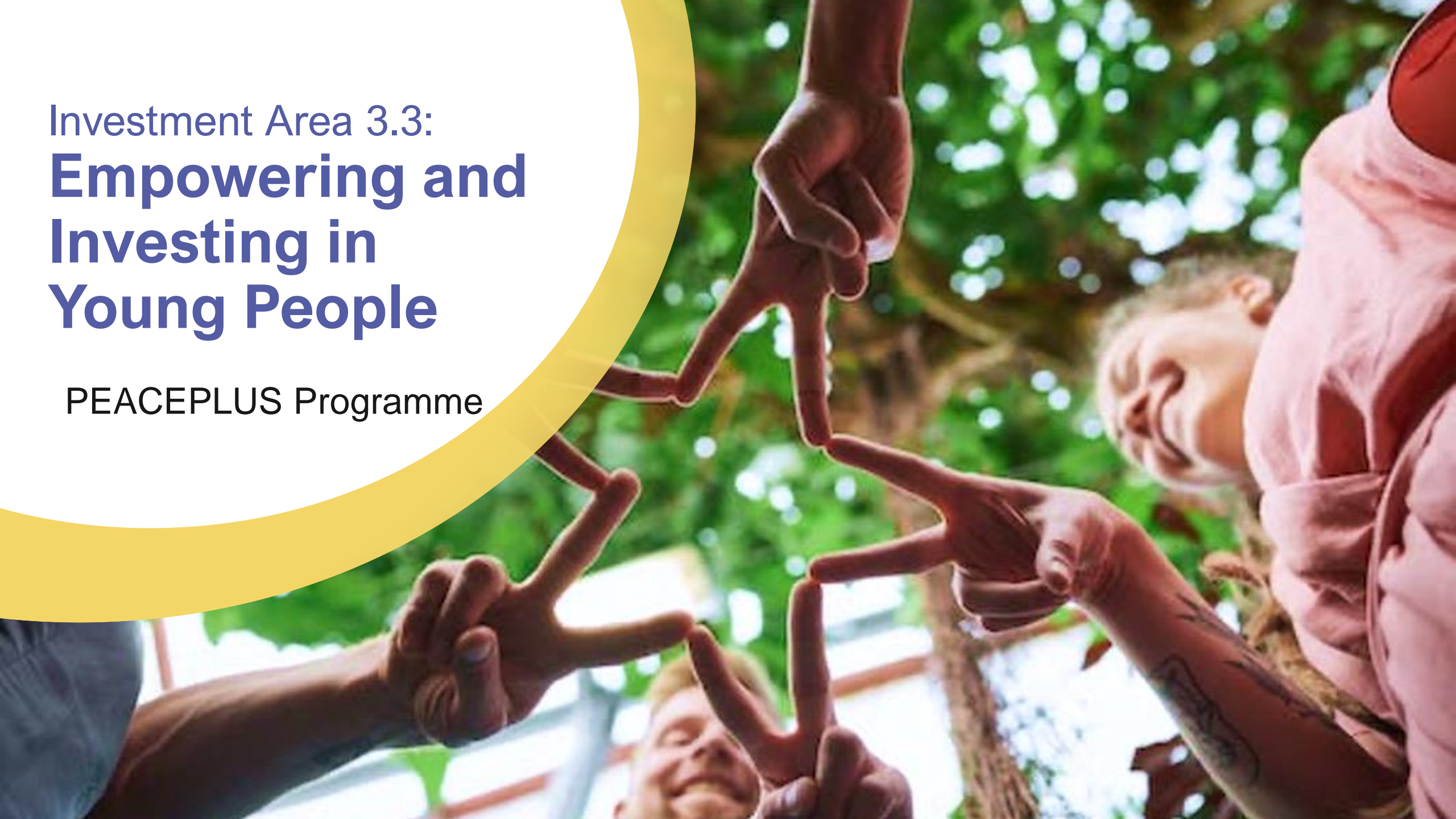


Investment Area 3.3:
**Empowering and
Investing in
Young People**

PEACEPLUS Programme



Investment Area 3.3: Youth Mental Health Programme

Workshop Overview

- **Introduction & Housekeeping** - Paul Boylan, SEUPB
- **Welcome & Overview of PEACEPLUS Programme** - Declan McGarrigle, Director of PEACEPLUS Development
- **Overview of Policy Interests from Northern Ireland** –Julie Plackett, Interim Head of Pupil Support Team, Department of Education
- **Overview of Policy Interests from Ireland** – Shauna Markey, Dept. of Children, Equality, Disability, Integration & Youth
- **Questions and Answers**
- **Overview of Investment Area 3.1, Pre-Application Support & the Concept Note** – Gavin Nelson
- **Questions and Answers**
- **Networking**



PEACEPLUS Programme

Declan McGarrigle, SEUPB, Director PEACEPLUS

PEACEPLUS Context:

How did we get here?

- Support of the NI Executive, the Government of Ireland, the UK Government and the European Union.
- Building upon previous PEACE & INTERREG programmes.
- Renewed focus on peace and reconciliation.
- Ensuring all projects contribute to cross-border and economic and territorial development.



The Peace Bridge
Derry-Londonderry



How was PEACEPLUS Developed?

Intensive review, research and public engagement

- Stakeholder engagement
- Public events – including specific events with young people
- Survey submissions
- Public consultation (2021)
- Bi-laterals with government north-south (ongoing)

PEACEPLUS (2021-2027)



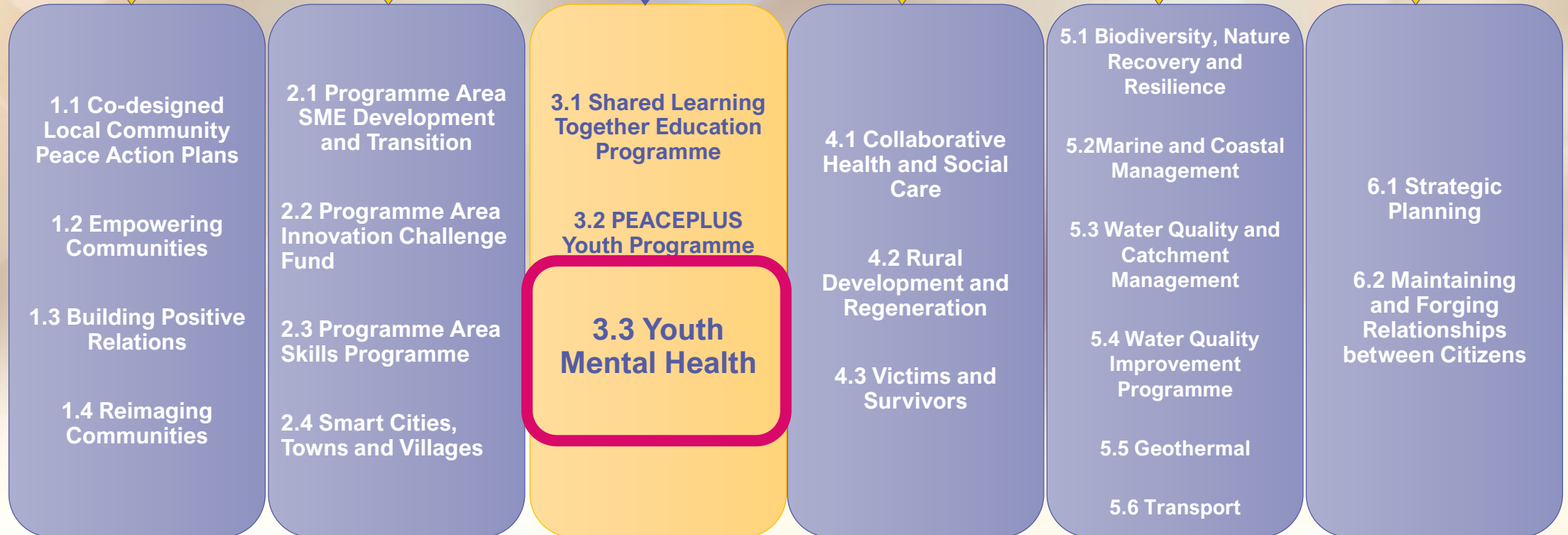
- Programme area: Northern Ireland & the border counties of Ireland
- Programme value: **€1.144bn**
- Up to 80% maximum ERDF funding (100% grants available)
- Six themes, 22 investment areas
- Participation from partners outside the area

PROGRAMME OVERVIEW: Where does youth mental health fit in?

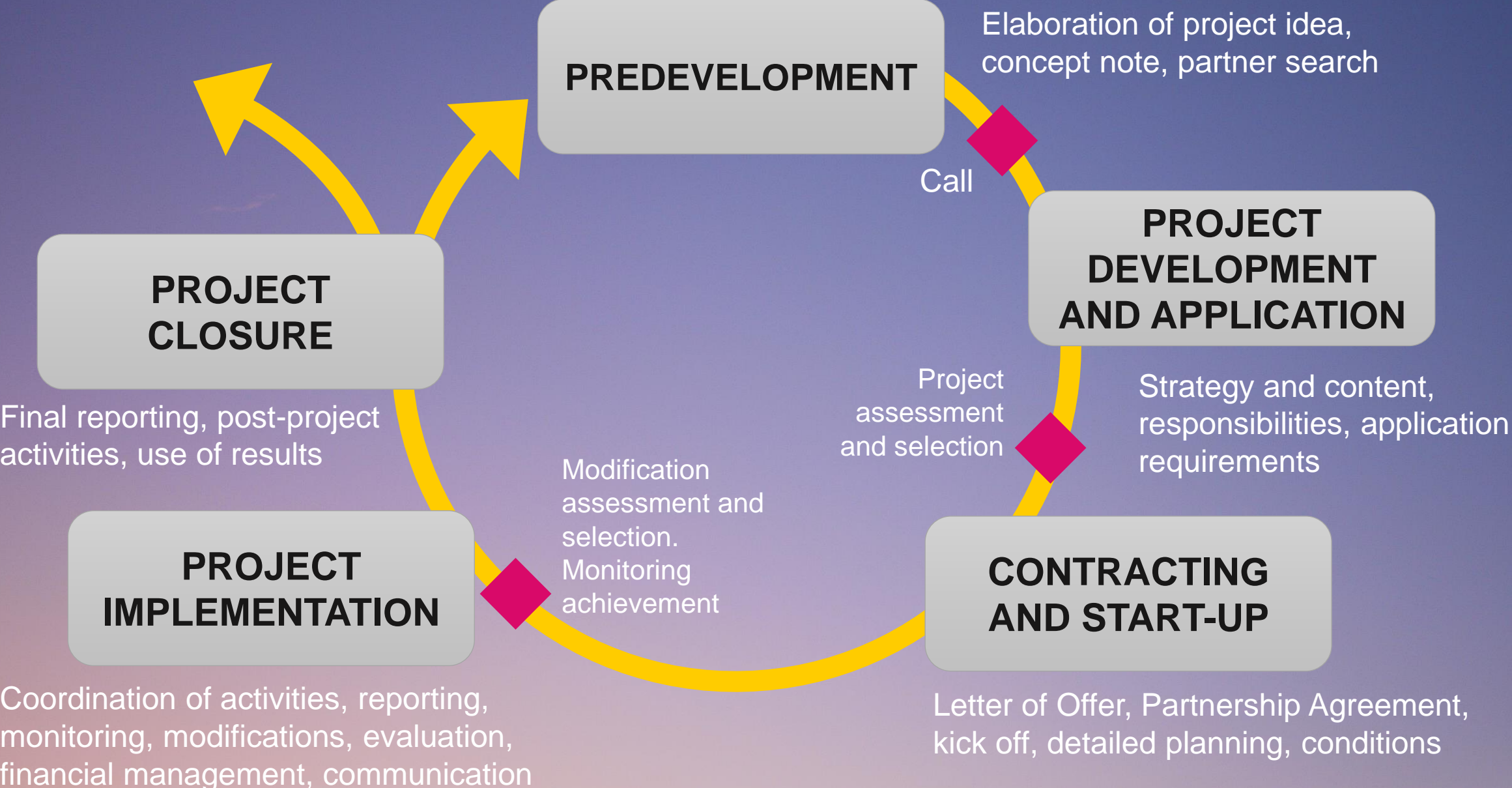
Thematic Areas



Investment Areas



Project Lifecycle



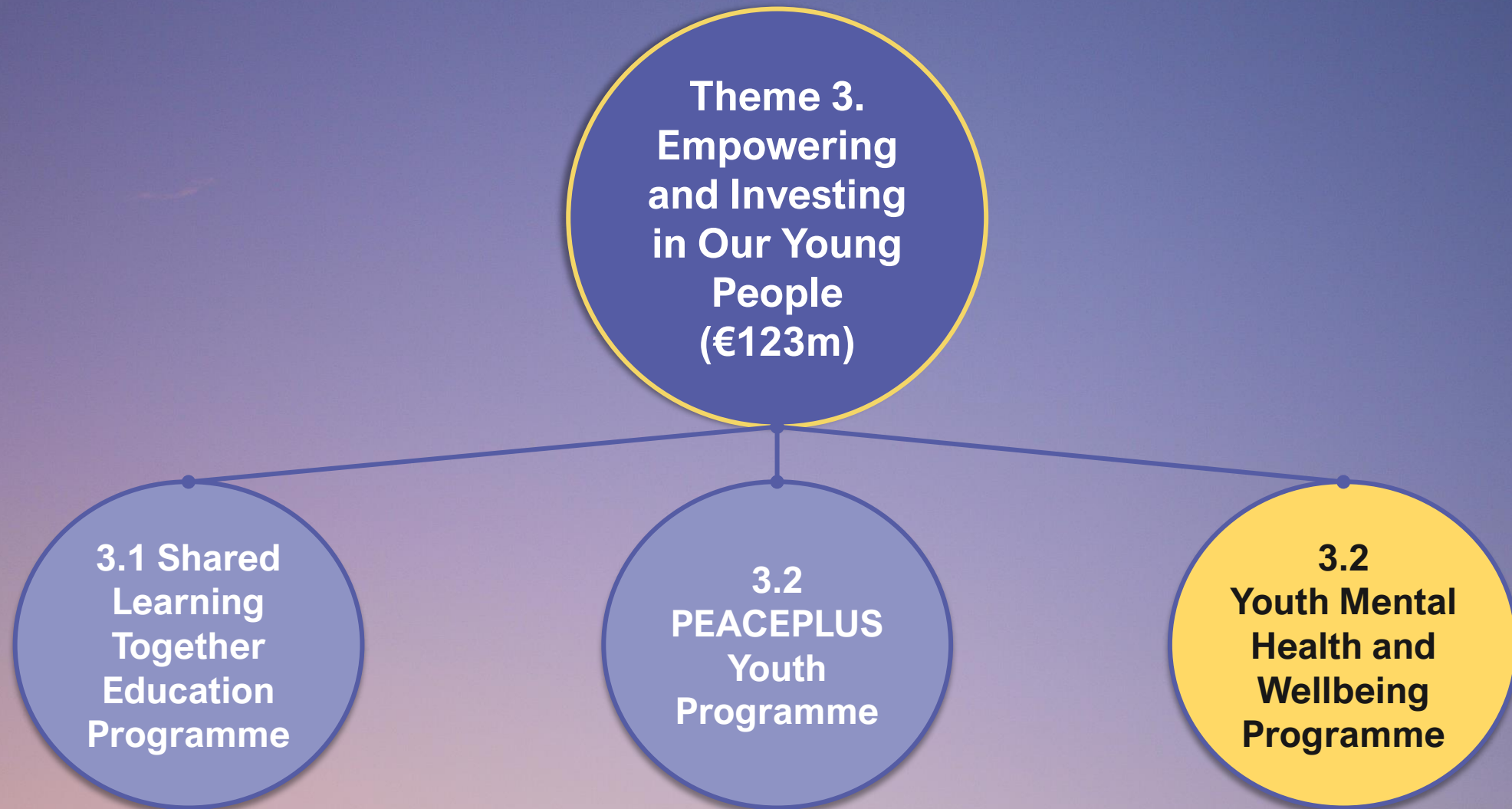
Theme 3:

Empowering and Investing in our Young People



- **At the forefront of the previous PEACE Programme**
- **Focus on building a culture of good relations (at local and regional level)**
- **Practical cross-community and cross-border contact has been fundamental to PEACE & INTERREG since their inception.**

PEACEPLUS – Youth Mental Health and Wellbeing Programme



Youth Mental Health and Wellbeing Programme

**OVERVIEW
OF AREA 3.3**





Youth Mental Health and Wellbeing

Specific Objective

“Enhance the capacity of children and young people to form positive and effective relationships with others of a different background and make a positive contribution to the creation of a cohesive society.”

What does the Youth Mental Health and Wellbeing Programme Seek to achieve?

- Builds on learning from PEACE IV pilot youth mental health, program learning from REACH and Flare
- Additional, non-formal activity involving cross community and cross border multi-partner collaborative approaches
- Considerable contribution to peace and reconciliation through enhanced emotional resilience in our young people
- Improved understanding of youth mental health and wellbeing issues and approaches
- Sharing of best practice across the Programme area to improve service delivery within the wider youth sector
- Identification of effective referral mechanisms



How do we achieve it?

Accessible, age appropriate, innovative and integrated models

Models focused on social, emotional and environmental wellbeing

Interventions structured on inclusion of young people in advisory and advocacy groups

Optimising supports for youth workers, differentiation between informal and specialist providers

Capacity building, building internal reserves, improved social skills, coping and resilience

Young people as mental health ambassadors in community

Supporting Actions: Programmes should

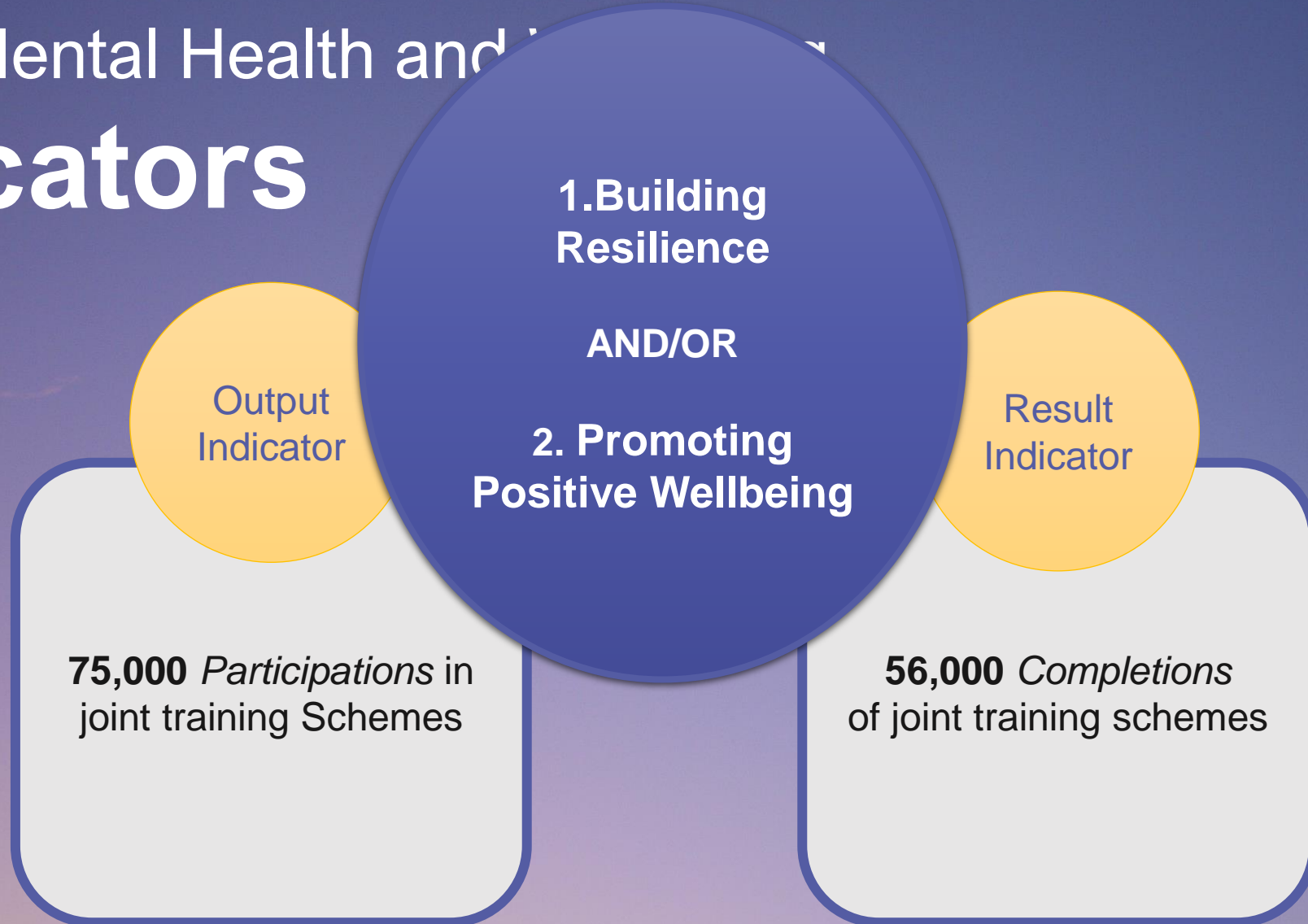
- Provide young people with opportunities to make a **meaningful contribution to project design**
- Incorporate innovative approaches to the proven **mentor led model**
- Facilitate **peer mentoring** and support
- Incorporate the innovative use of **digital resources**
- Incorporate innovative approaches to **non-formal education** and development with a **youth mental health focus.**



Measuring Change

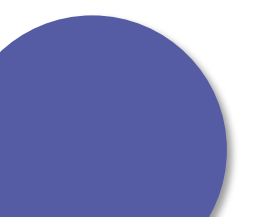
The Programme will support regional projects, each incorporating a minimum of 18,750 participants in joint training schemes, with the expectation that a total of 56,000 participants will complete. Programmes should be developed and delivered on a cross community and/or cross border basis.

Youth Mental Health and Wellbeing Indicators



Participation in and Completion of Joint Training Schemes

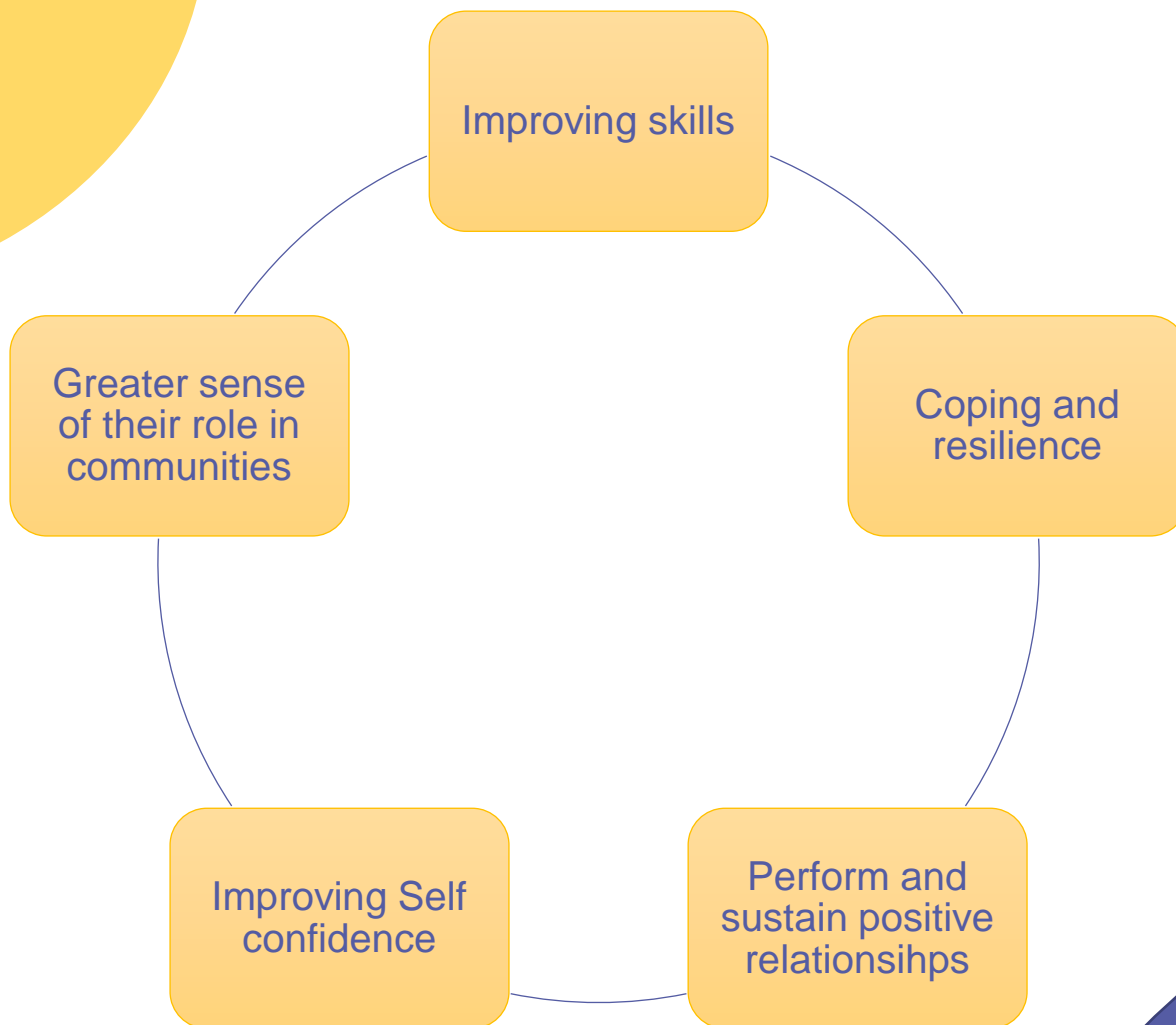


- Building knowledge in a certain topic
 - Training over several sessions
 - Capacity building and mental health and wellbeing and youth leadership programmes
 - Social inclusion model of practice, both group and individual work
 - raise awareness of local support services
- 

Key points in measurement

- Participants must be between the ages of **9-25**
- No double counting participants – eg, attendance at more than one training programme at the same project
- Participation means started the project but did not finish
- Completion should be recorded through database or certificates
- Cross-border dimension is optional

Knowledge Means



All training schemes should:

- enhance positive and effective relations among people with different backgrounds
- Contribute to the creation of cohesive society

Indicative Actions



Youth worker capacity building

- Training for key workers
- Build capacity to support emotional resilience and good relations



Mental health and well-being Youth Leadership Programmes

- Expansion of successful, non-formal youth mental health and wellbeing models
- Peace and reconciliation focused youth leadership programmes
- Instilling confidence and support them to improve wellbeing and act as agents of change within their communities



Department of
Education

PEACE PLUS PRE-APPLICATION WORKSHOP

3.3 YOUTH MENTAL HEALTH AND WELLBEING

*TUESDAY 17TH JANUARY 2023
THE JUNCTION, DUNGANNON*

**JULIE PLACKITT
PUPIL SUPPORT TEAM**





Department of

Education - Vision & Priorities

NI Executive – Programme for Government





Department of

Education - Vision & Priorities

“EVERY CHILD AND
YOUNG PERSON IS
HAPPY, LEARNING
AND READY TO
SUCCEED”

DE'S VISION – DRAFT CORPORATE PLAN
2023-28



Every CHILD

Department of
Education's
Corporate Plan

2023-28





Department of

Education - Vision & Priorities

Our
Strategic
Priorities

PFG Draft Outcomes Framework
CYPS Outcomes



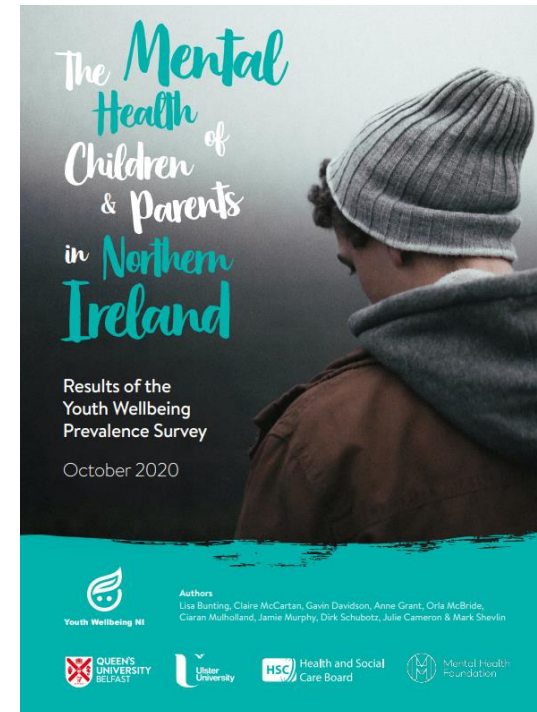


Department of

Education - Youth Mental Health Background

The Mental Health of Children and Parents in NI

- 1 in 20 young people have a form of Post-Traumatic Stress Disorder (PTSD)
- 1 in 8 young people have anxiety or depression
- 25% higher rates of anxiety and depression in NI, compared to the rest of UK and Ireland
- 1 in 8 children and young people in NI experience emotional difficulties, 1 in 10 conduct problems and 1 in 7 problems with hyperactivity



Results from Youth Wellbeing Prevalence Survey October 2020



Department of

Education - Accountable Department Role

- Ensure programme themes/investment areas align with priorities
- Agree Call for Applications documents
- Assist in application assessment/approval as appropriate
- Ensure regularity/value for money to provide assurance to Minister
- provide cash flow for the relevant programme
- Monitor implementation & financial expenditure
- Advisors to Programme Monitoring Committee.



Department of
Education - Relevant Policies/Strategies

- NI Children and Young People's Emotional Health & Wellbeing in Education Framework (2021)
- The Department of Health - Mental Health Strategy (2021 – 2031)
- Children and Young People's Strategy 2020 – 2030
- Priorities for Youth

www.education-ni.gov.uk

www.health-ni.gov.uk

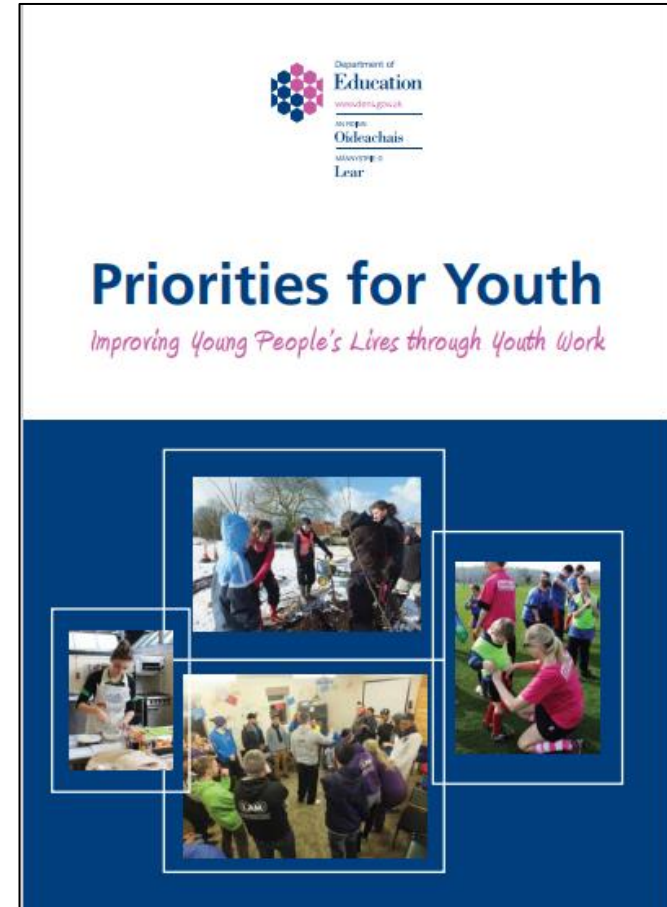


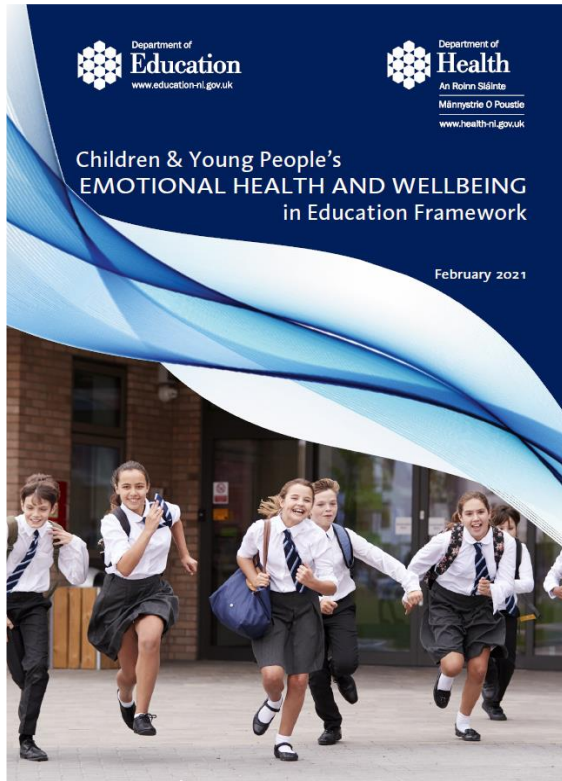
Department of

Education - Youth work Policy

Effective youth work helps young people to identify their personal and social development needs and involves them in shaping the services designed to meet those needs to improve both their own skills and life chances in order to create a better future for themselves and their communities.

DE Priorities for Youth Policy





Jointly launched in February 2021 by DE and the Department of Health, the Framework can be accessed via the link below:

www.education-ni.gov.uk/publications/children-young-peoples-emotional-health-and-wellbeing-education-framework-final-version



Department of

Education - Existing Learning





An Roinn Leanaí, Comhionannais,
Míchumais, Lánpháirtíochta agus Óige
Department of Children, Equality,
Disability, Integration and Youth

PEACE PLUS Pre-Application Workshop

3.3 Youth Mental Health and Wellbeing

Relevant Irish National Policy

Role of the Department



- Our Vision is for a fair, equal and inclusive society where rights are respected, and where everyone can reach their potential.
- Our Mission is to enhance the lives of children, young people, adults, families and communities, recognising diversity and promoting equality of opportunity.

DCEDIY Statement of Strategy 2021 – 2023



Goal 2: We will ensure the provision of a range of quality and sustainable services, underpinned by strategic investment, that meet the needs of individuals, families and communities.

Goal 5: We will work in partnership with individuals, families and communities, and across Government Departments, public bodies and civil society to achieve better outcomes.

5 National Outcomes for Children and Young People



TRANSFORMATIONAL GOALS

SUPPORT PARENTS

EARLIER INTERVENTION & PREVENTION

LISTEN TO AND INVOLVE CHILDREN & YOUNG PEOPLE

ENSURE QUALITY SERVICES

STRENGTHEN TRANSITIONS

CROSS-GOVERNMENT AND INTERAGENCY COLLABORATION & COORDINATION

CROSS-CUTTING

STRENGTHENS THE SUPPORT SYSTEM AROUND THE CHILD AND YOUNG PERSON

BETTER OUTCOMES

ACTIVE & HEALTHY

ACHIEVING IN ALL AREAS OF LEARNING & DEVELOPMENT

SAFE & PROTECTED FROM HARM

ECONOMIC SECURITY & OPPORTUNITY

CONNECTED, RESPECTED & CONTRIBUTING

BRIGHTER FUTURES

Policy Framework for Children and Young People 2023-2028



- Our vision is of an Ireland which fully respects and realises the rights of children and young people, supporting them to lead fulfilling lives (Draft)
- Retains Five National Outcomes
- Spotlight Areas

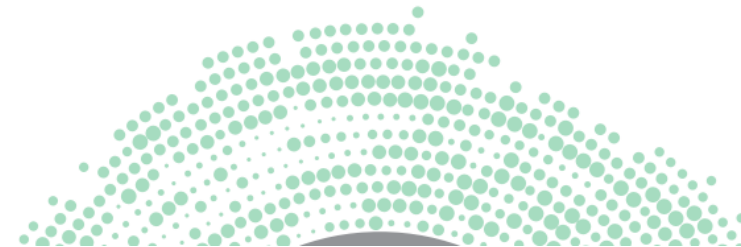
Young People's Mental Health



RESEARCH
SERIES
NUMBER 142
JUNE 2022

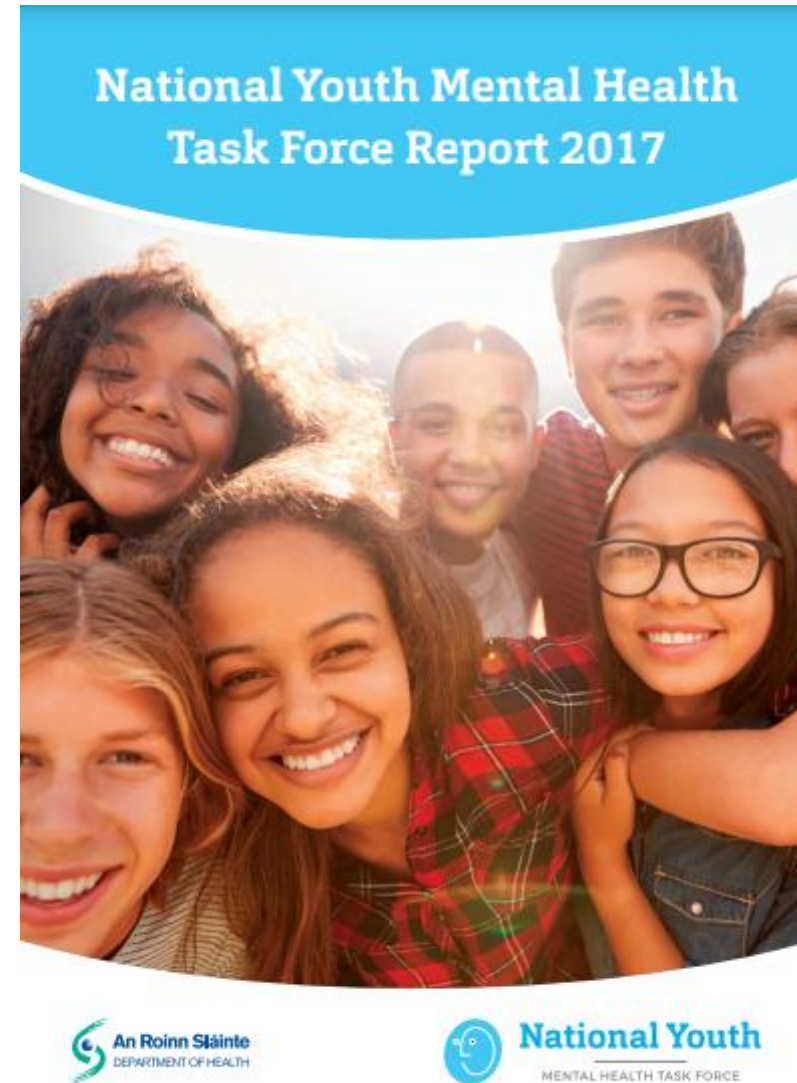
DISRUPTED TRANSITIONS? YOUNG ADULTS
AND THE COVID-19 PANDEMIC

EMER SMYTH AND ANNE NOLAN





National Youth Mental Health Task Force Report 2017



Other Strategies



- Sharing the Vision: A Mental Health Policy for Everyone
- Healthy Ireland 2013 - 2025
- Connecting for Life: Ireland's National Strategy to Reduce Suicide 2015 – 2024
- National Strategy on Children and Young People's Participation in Decision-Making 2015 – 2020

**Pre-application
Support
Concept
Notes**



Prepare in Advance: Pre-application Support

Explore and share ideas with potential partners

Tell us about your idea and receive feedback

Learn, early on, if Area 3.3 is or is not for you, and be signposted elsewhere

Receive advice on how your outline idea might be strengthened

Concept Note: Youth Mental Health and Wellbeing

The concept note is now available (17.01.23). The concept note:

- covers some (but not all) of the questions that will be in the application-proper
- will help you put in place the foundations of your project so you are better prepared when the call opens

The concept note

- is **not** a formal application;
- is **not** scored

Any organisations interested in becoming a Lead Partner under Area 3.3 may complete and submit a Concept Note for comment, advice, and support.



Concept Note: What to Expect

- The uncompleted form is short, 3 pages, with one page of guidance.
- Provide high level project details and answer 5 questions, you have 500 words for each question.
- Advice is available pre- and post-completion.
- Please complete and return it no later than midnight on the **28/2/23** to gavin@thirdsectorconnect.com



Building a Strong Proposal

Youth Mental Health and Wellbeing Programme

PEACEPLUS, Investment Area 3.3

Concept Note Content Overview: Question 1

Consortiums could consider producing **strategic, regional** approaches to addressing call priorities

- Partners with smaller projects should consider how their activities might fit in a wider consortium
- Partnership development will be key to meeting overarching objectives

Successful projects will

- Provide opportunities for young people to contribute meaningfully to project design, including (but NOT limited to) advisory groups
- Incorporate innovative approaches to the mentor-led model, facilitate peer mentoring and support
- Use digital resources including social media, apps and podcasts
- **Innovative** approaches to non-clinical/non-formal youth mental health focus

Concept Note Content Overview: Question 2

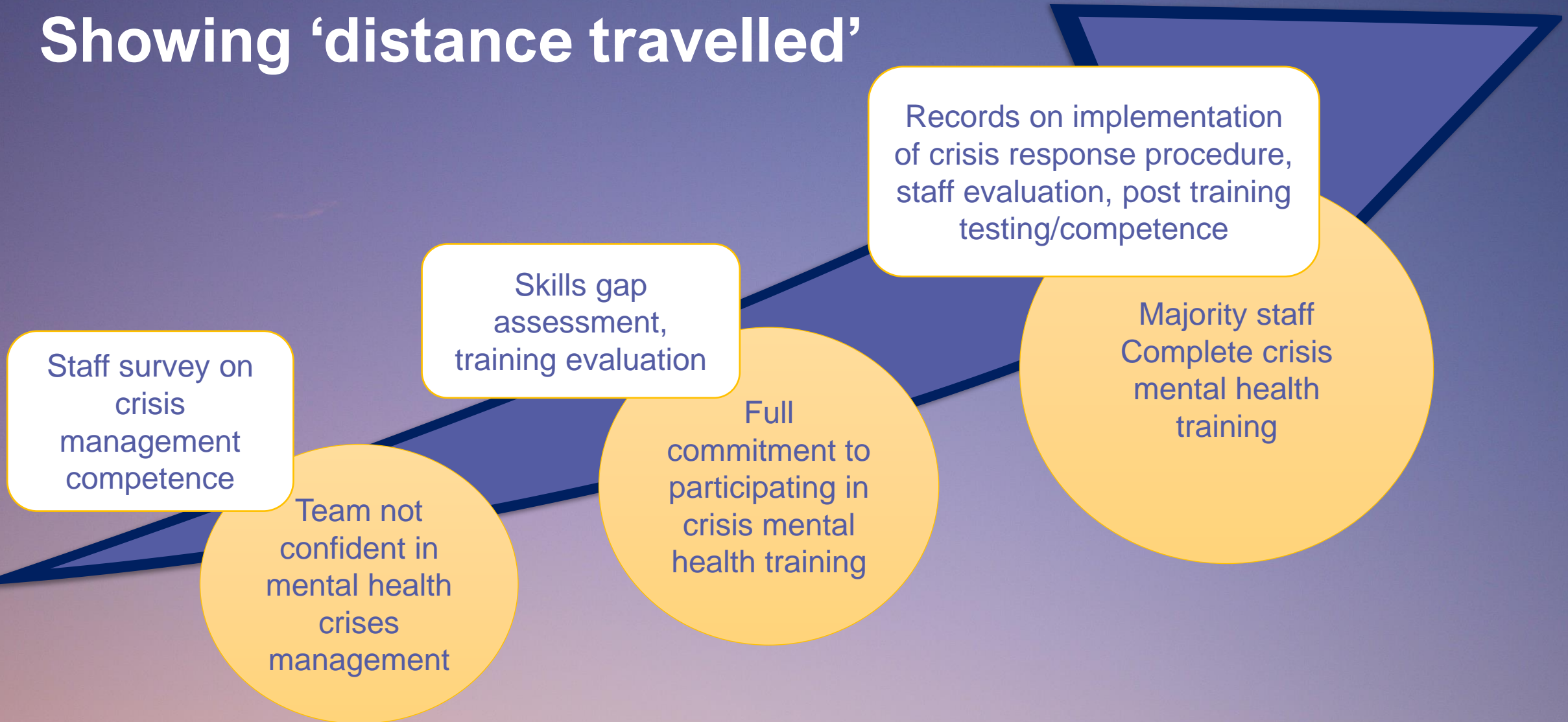
500 Words

Tell us about your project's anticipated outputs and results

- This is where you demonstrate your contribution to the programme's commitments
- How many young people, **aged 9-25**, will you support, over what period. *HOW* will you meet these objectives and retain participants?
- How will you record their participation and associated **impact**?
- How will you show 'distance travelled'?

IMPACT

Showing 'distance travelled'



Concept Note Content Overview: Questions

Have you considered intersection of identities?

Are you thinking beyond information sharing?

Where is the project – what are the demographics/community characteristics?

Facilitate **meaningful** participation

Affect meaningful, ongoing change

If embedded across the full project, it will all be more effective

Make effort to include marginalized communities

Avoid tokenism and 'tack-on' packages/partners

500 Words

Concept Note Content Overview:

Question 4

500 Words

- Staffing – who is on the team and who is doing what?
- Suitable experience and qualifications?
- Practical arrangements for implementation
- Rationale for partnership composition
- Structure of partnership.

DON'T FORGET!

- Complement of expertise
- Consideration given to admin/finance
- Consider the life of the project (including evaluation)

Concept Note Content Overview: Question 5

- Is it appropriately costed?
- Competitive tender where appropriate?
- Will inputs achieve required outputs and results and meet overall objective?
- Exit strategy and durability of results; critical to this IA
- How is the long-term impact of the project to be secured?



Youth Mental Health and Wellbeing

Lead Partner Role

- Coordination
- Financial management
- Reporting
- Communication
- Training
- Policies & Procedures

In short, accepts overall responsibility for ensuring implementation of entire project

Other things to bear in mind

Clarity of purpose – clear links to the call priorities

Take time to build you partnership

Be realistic

Consider cash flows and factor risk into budget

What next?

Pre-Development Support

Now available for Area 3.3 of the PEACEPLUS Programme.

Concept Note

Downloadable from website – complete and return as soon as you can, **before midnight 28/02/23**

Feedback

Aim to provide feedback within 15 working days

Further support

Further support will depend upon both the fit and quality of what is outlined in the concept note

● **Any Questions:** Contact gavin@thirdsectorconnect.com

In Due Course...

In due course, the following documents will be made available and should be consulted before completing the formal application form:

- **PEACEPLUS Cooperation Programme**
- **The Programme Rules**
- **Guide for Applicants**
- **Call for Applications to Area 3.3**

The Programme Overview is available





Feedback

Please do not hesitate to contact us with any questions in the future.

Questions and Answers

